

Okinawan Goju Ryu Kenkyu Kai

Newsletter

3/23/2016

Spring

How Do We Continue?

The OGRKK and all of us are different since losing our teacher, friend, mentor, and leader. So how do we find our inspiration to go on, to continue, to improve? Sensei was a part of my life for 42 years. Trust me when I tell you that I too feel the void he left.

he formed. Training, improving, and sharing his lessons and new lessons with others will.

So, I'm pushing, encouraging, and asking all of you to find your spirit, rekindle your passion, get on the floor and go to work helping to

Words from Sensei

Steve, one-day you will need to push some people, encourage some people, and ask some people to help you keep this thing we've started alive.

Sensei dedicated his life to teaching us. His most senior students should all feel an obligation and desire to practice, improve upon, and to share what he taught us.

The journey continues one step at a time. One class at a time. One effort at a time. Quitting training won't honor our teacher or preserve the organization

preserve the many gifts our teacher gave us. Please! It begins by attending class and training. How are you improving your karate, honoring your teacher, or supporting the organization by not training? Do you walk the walk or just talk the talk? I'm here, ready to teach, are you ready to train?

VISTING

• • •

Every Brown and Black Belt member of the OGRKK is welcome to visit Sensei Wilson in Colorado for private or semi-private training. It's available to you and it's free!

If you desire to receive correction, learn something new, improve on something you already know, or just desire very personal training; it's available to you.

KOBUDO

Sensei Wilson is planning a kobudo only weekend seminar this year in Colorado Springs. It will be very inexpensive to attend and will focus on Kihon, Kihon Ido, Renzoku, and Yakusoku Kumite one day and kata the second day. Our new kobudo patches are done and will be available for sell at the April 15th Cooskuba.

Annual Spring Gasshuku

April 15th-17th – GRKB Dojo

Bakersfield, California

The focus of Gasshuku will be on kumite and other components that improve fighting skills. We will be doing drills, wrestling, grappling, focus shield training, and many different types of kumite.

It will be safe, fun, and challenging. Many of our most senior members and I will be providing the instruction.

Friday night will be at GRKB Dojo and Saturday/Sunday will be at Siemon Park. Lunch is included in the registration fee. Our Sayonara Dinner will be at the famous Great Castle.

A flyer and registration forms are available on the ogrkk.com webpage and from our member dojos. Please register before April 10, 2016 to avoid late fees!

There will be a grading on Sunday at 1:00 p.m. by invitation. Get your test and essays done!

HOPE TO SEE YOU THERE!

Senior Instructors

Sensei Robison has been training in Goju Ryu since 1974. He is the most senior practitioner and highest ranked member in California. He teaches every week at GRKB Dojo. If you are not taking advantage of learning from him then you are seriously missing out!

Sensei Philip is in Lindsay, California and has been training since 1986. He is the second most senior student, instructor, and highest ranked in California. Everyone who lives in California should periodically go to Lindsay and train at that dojo!

Sensei Tracie is also available to provide instruction at GRKB and to help our members with kata and other facets of their karate. She has trained over 26 years and is a Godan. She is also a multiple time champion in kata and kumite.

Sensei Charlie Tootle and Sensei Bryan Smith are Assistant Chief Instructors and would be happy to share their knowledge with anyone who desires to learn. They are also willing to travel when available.

Sensei Gabe Wolcott has over 25 years of training and is a Godan. He is also an Assistant Chief Instructor and happy to teach anyone who desires to learn.